

Everglades Packing List

Students should pack *as lightly and efficiently as possible*. Their living space (a tent) does not have much storage. Students may bring one soft athletic style bag and one backpack. **No hard suitcases please.** We can almost guarantee that the clothing the students come home with will not be identical to the clothing they pack. For this reason, please label everything so that items may be returned more easily to their owner.

2-3 pairs of shorts	<u>Mess kit (cup,bowl, plate, utensils)</u>
1-2 pairs of long pants (for cold or mosquito outbreaks)	Bug repellent (with DEET works best)
T-shirts (at least one long sleeved!) No disagreeable messages or images	Lip balm
Underwear	Binoculars (optional)
Sweatshirt/jacket/rain poncho	Small notebook (3x5" or slightly larger) & pencil
Socks	Bible
Sturdy hiking boots or sneakers	Flashlight & Batteries
Water shoes that tie to your feet (Chacos NOT recommended)	Large (24 oz. or more) reusable water bottle
Hat	Sleeping bag
Bathing suit	Therm-a-rest type mat (if desired) - NO air mattresses, hammocks or ENO's
Pajamas	Pillow, if desired
Plastic flip-flops for showers	2 thin towels (1 for showers, one for Cypress Dome hike)
*Toiletries	1 wash cloth
Sunglasses	Camera (NOT a camera phone); one per group of 4 or 5 will be needed for a group project
Sunscreen	Snack/souvenir money if desired
	Lunch money (trip there)
	Ukelele if desired

For slog hike in Cypress dome – Water shoes that tie to your feet (Chaco's NOT recommended), long pants, long sleeved shirt, towel for van.

Remember we will be camping—students should *not* plan to bring their nicest clothes!

Check the weather forecast before you pack—Everglades National Park, FL. Be sure to pack accordingly (for the day and for the night).

*About toiletries: Students should pack lightly. There are showers available, but remember we will be camping and many products students normally use will be unnecessary. There are electrical outlets in the bathrooms, but please encourage young ladies to leave their hair dryers and styling tools at home and bring minimal makeup, if any at all. If several girls feel the need to bring hair tools, they should coordinate together and plan on sharing one or two amongst themselves.

Cell phones and other portable electronic devices (games, CD/MP3 players, iPods, etc.) are not permitted. These items will be collected by chaperones and returned at the end of the trip.

Boys: You will wear a t-shirt in addition to your swim trunks when we go snorkeling.

Girls: If you bring shorts, please be sure they have **at least** a 3" inseam. Please note that you should bring a **modest** one-piece bathing suit or tankini.

Medications

We will have First Aid Kits in every vehicle and will only administer acetaminophen, ibuprofen, Benadryl, Tums, or Dramamine to a student if the parent has given permission on the *Everglades Medical Form*. If a student is bringing medication with them for the trip nurse to administer, they should give it to the designated trip nurse before we leave. Medications must be in original containers labeled with the child's name and dosage instruction. Please put medications in a labeled Ziploc bag. Students with inhalers and/or EpiPens should keep one with them at all times and give a second one to the trip nurse.